



The Chronicle

Volume Number 200

Circulation 87

October 2023

Experience, strength, and hope on **Step 10**: Continued to take personal inventory and when we were wrong promptly admitted it.

This step has made it possible for me to have healthy relationships in sobriety. Like so many alcoholics I have had a series of failed relationships—family, friends, and partners. When I spot check my inventory on a daily basis, I am quick to catch my poor inventory. Often, I am sharp in my language or disinterested in my behavior. Step 10 encourages me to make amends when needed immediately. It also helps me see some of the things I did right, and I can recall them for future growth. I no longer go to bed angry or upset. I have learned to address each day's challenge with humility thanks to the teachings of step 10.

Debby S., Alano Mustard Seed Group, Menominee

Thoughts on Step 10: Continued to take personal inventory, and when we were wrong, promptly admitted it.

My first time through the steps I was given an inventory worksheet. It has character defects on the left side and assets on the right. I was to gauge where I was at on a daily basis. Was I more selfish or selfless? Judgmental or accepting/open minded? Self-righteous or humble? Resentful or forgiving? I did this daily for at least 3 months. This helped create new thought patterns for me. Now it's part of my nightly prayers... going through the activities and interactions of my day. I ask God to help me see where I could have done better and where I was wrong (God usually speaks through my sponsor and other friends in recovery). Admitting when I'm wrong is still the hardest part. It has gotten easier though. Everything gets easier with practice. This step reinforces my humanness. Reminding me that perfection is delusional thinking. I will make mistakes. There will always be room for improvement. A behavior that didn't seem harmful in the past, can wreak havoc on my life today. I need to continually assess how I can do better – without morbidly dwelling on when (not if) I was wrong. The keys are honesty, open mindedness, and willingness. Step 10 encourages me to be the best version of myself, one day at a time.

- Jill V. District 01

Experience, strength, and hope on <u>Tradition 10</u>: Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

Tradition 10 emphasizes the importance of anonymity whether it be a group or a member. "What you see here, who you see here, when you leave here, let it stay here." This is one of my favorite AA sayings. Because of anonymity I can freely and fearlessly surrender to an AA way of life. I can trust that my spiritual growth will be made with the help of safe tables. I can trust that I will be accepted as I continue to journey to a daily spiritual awakening. This tradition helps me to focus on my own journey and to assist others through my stories of strength and hope.

Debby S., Alano Mustard Seed Group, Menominee

A Message on "My Fellowship Family"

Before I came to Alcoholics Anonymous, I was surrounded by people but felt completely alone. Consumed by liquor or whatever would work, I isolated. I had built thick protective walls to protect me from emotional pain.

When I came to the program, I was blessed with the willingness to change my life by putting my life in the hands of my Higher Power. Today, I have a wonderful sponsor who is helping guide me through the steps and not take my bull. The fellowship welcomed me with open arms and shared their experience, strength, and hope when I needed it most. With their help, I am learning to help others and, hopefully, become a better person one day at a time, of course. These Fellows have become my new family complete with wacky aunts, rambunctious kids, and colorful in-laws. Yes, I am truly blessed!

Kelly M.

7th Tradition Donations

District 09: Dan L.W5820 N. Beach Blvd Shawano, WI 54166

<u>Area 74:</u> Area 74 Treasurer PO Box 171 Manistique, MI 49854 (include group name & number)

GSO: PO Box 2407 James A Farley Station New York, NY 10116-2407 OR contribution.aa.org

Upcoming AA & AA-related Fellowship & Service Opportunities

District 09 GSR meetings

October 1// 2PM// Augustine Catholic School 507 Church St. Wausaukee, WI November 5// 2PM// United Methodist Church 404 Main St Suring, WI

Area 74 Election Assembly

October 14// Quality Inn Rhinelander, WI// Zoom info in Now & Then

Spirituality in AA

October 21// 8AM breakfast & fellowship// 8:30AM closed meeting & panel discussion// The Bridge Commons Green Bay

Seeking Story Submissions

Literature Committee is seeking personal stories for the pamphlet "A.A. for the Native North American Alcoholic" Due 10/31/23 Details in Spring 2023 Box 4-5-9 issue or aa.org/newsletters

34th Annual McHenry's Soberfest

"Love and Tolerance"// November 17-19// Lake Geneva, WI// www.soberfest.org

Save the Dates

*Area 74 Spring Conference May 17-19 2024 in Ashland, WI *AA 2025 International Convention July 3 - 6, 2025 at Vancouver Convention Centre and BC Place Stadium in Vancouver, BC, Canada

Subscriptions

The Chronicle may be sent free through e-mail by contacting <u>09thechronicle@gmail.com</u>

Content, questions, suggestions are welcome.

WICYPAA OSHKOSH HOST AND MADISON BID PRESENT

SATURDAY | OCTOBER 28TH

PLYMOUTH CHURCH 2401 ATWOOD AVE MADISON, WI 6:30-11PM

DANCE PARTY COSTUME CONTEST WITH PRIZES SPEAKER \$10 SUGGESTED DONATION SPAGHETTI DINNER

> QUESTIONS? MAD4WICY@GMAIL.COM

WICYPAA IS THE WISCONSIN CONFERENCE FOR YOUNG PEOPLE IN AA THERE ARE NO AGE RESTRICTIONS. VISIT US AT WICYPAA.ORG

OSHKOSH, WI PRESENTS	PRE
JANUARY 12-14 2024 BEST WESTERN WATERFRONT CALL (920)-230-1900 TO RESERVE \$109; NIGHT	2315
YOURIMAGINATION	
QUESTIONS? CONTACT WICYPAA31@GMAIL.COM	
GOLDEN TICKET	BILL W?
PHONE NUMBER CITY STATE	NÊED?

***Registration now open online at

wicypaa31.com***

DISTRICT 09 GSR MEETING SEPTEMBER 10, 2023 OCONTO, WI

Paul Y. opened the meeting at 2:09 pm. with a moment of silence followed by the Serenity Prayer. The Traditions were read and introductions made. A sign-in sheet was passed; there were 12 members in attendance, representing Porterfield, Gillett, Suring, Oconto, Marinette, Coleman, Shawano, and Lakewood in WI and Menominee, MI.

Secretary Report: The minutes from the last District 09 Meeting from August 2023 were approved and accepted.

Treasurer Report: Paul Y. prepared a Treasurer's Report which was approved and accepted.

ANNOUNCEMENTS

Paul Y. announced the Area 74 AA Fall Conference which will be held next weekend in Eau Claire, WI. Paul thanked Jolene B. for printing all the upcoming events in The Chronicle.

COMMITTEE REPORTS

ARCHIVES: Ross P. said he has nothing new to report for Archives. Ross stated if anyone wants the Archives displayed at a district event to let him know and if anyone wants to view the District 09 Archives to contact him.

PUBLIC INFORMATION: Carol P. said she reached out to several schools in Marinette, WI and Menominee, MI with a member of Heroin Anonymous. Carol said the schools didn't want our display racks. She said they will continue to go to other schools in District 09. Carol stated AA had a display rack set up at the Overdose Awareness Event at Biehl Bridges to Recovery on 08/31/2023.

CORRECTIONS: Corrections Chair position is open. No report.

NEWSLETTER: Jolene B. said she has nothing new to report for the Newsletter. **GRAPEVINE**: Mike H. stated if anyone would like the Grapevine display set up to please let him know.

TREATMENT: Janet P. said she has nothing to report.

WEBSITE: (www.district09aa.org) Todd E. stated we have 38 meetings listed on the District 09 website and five events. Todd said he has not been adding as many events to the website event page because all the events are listed in the Chronicle.

GSR SHARING

Janet P. said the Women's Meeting on Mondays at 5:30 pm. in Menominee, MI is doing fine. Janet said there is a speaker the first Monday of the month and the rest of the Mondays they do a Big Book Study. Norm F. said the Monday night group in Gillett is on the same path as it's been on for the past year. Ross P. said the Sunday night and Wednesday night groups in Shawano have had attendance about the same around 3-4 people. Ross said there have been a few newer people. He said they are keeping the light on. Mary C. said the meetings in Lakewood and Carter are going good. Mary said there is more activity in the summer than in the winter with their meetings. Jim H. said the Tuesday night group in Shawano is the most successful meeting he has ever attended. Jim said they average about five people. Mike H. said he is the GSR for all three groups in Oconto. Mike said Dar is the Alternate GSR. He said there are about 7-8 people that attend all three meetings in Oconto. Mike said two people from different parts of the country recently attended their meeting. Paul Y. said the Thursday night Suring group has its ups and downs. Paul said this summer they didn't get an influx of visitors. Paul said last week he was the only person at the meeting. He said the lights are still on.

OLD BUSINESS

Norm F. conducted the elections and the following people were approved for the listed service positions:

Mary C.
Open
Sara P.
Jim H.
Ross P.
Open
Mike H.
Jolene B.
Carol P.
Dee E.
Todd E.
Norm F.

NEW BUSINESS

We discussed the size of the treasury. It was stated that District 09 is carrying a whole lot of money than what we should. Several suggestions were made as to what to do with the money such as making a donation to the General Service Office, keeping the money in District 09, providing Grapevine subscriptions to groups, buying Big Books and meditation books for groups, providing a workshop to members. We discussed not passing the basket at the District meeting and giving out a gift card drawing from those that attend the District Meeting. We also discussed buying literature for the new Literature Committee. It was decided we would take these ideas back to the groups and come back next month for further discussion on what to do with the treasury size.

The Next GSR Meeting will be held at 2:00 pm, Sunday, October 1, 2023, at St.

Augustine Catholic Church located at 507 Church Street in Wausaukee, WI.

We closed the District 09 Meeting with the Responsibility Statement at 3:06 pm.

Respectfully submitted, Sara P. District 09 Secretary

September 2023 Financial Report

We have not received the August Statement. Ending balance of previous statement is \$2318.34 Donations deposited in August: 2 checks \$60.00 Withdrawals in August: I Power website \$30.99 Petty cash \$39.00 Grand total is \$2386.35 Includes \$700.00 earmarked for prudent reserve. Report prepared by Paul Y.

<u>How to contact your district</u> <u>committee members</u>

district@district09aa.org for DCM, Secretary, Treasurer, Grapevine, Public Information, Website, Treatment, Literature and Archives

OR

Show up to the next District 09 GSR meeting listed above with your questions, concerns, ideas, and to get involved in service work!